



## Worksheet 1.1: Role-play

### Scenario 1

In the last scene of the film, Jason and his older sister Alex are in Jason's room and Alex has just discovered what is going on. She asks Jason who he wants to speak to. Jason would like to ring Ben to ask him what he thinks they should do as he is somewhat involved. Pretending you are the characters, write a 5 minute conversation on an A4 sheet of paper about what happens next ...

**Alex:** Who shall we talk to?

**Jason:**



### Scenario 1

In the last scene of the film, Jason and his older sister Alex are in Jason's room and Alex has just discovered what is going on. She asks Jason who he wants to speak to. Jason would like to ring Ben to ask him what he thinks they should do as he is somewhat involved. Pretending you are the characters, write a 5 minute conversation on an A4 sheet of paper about what happens next ...

**Alex:** Who shall we talk to?

**Jason:**



### Scenario 2

Alex and Jason have decided the school need to be involved so that the cyberbullying can stop. This scene is played out in the Head of Year's office. Charlie, Jason and the Head of Year are in the room. There is tension in the room and Charlie can't understand why he has been targeted as Jack's phone took the pictures and Andy was involved as well. The Head of Year has a copy of some of the pictures, but not all of them. Jason just wants the cyberbullying to stop. Pretending you are the characters, write a 5 minute conversation on an A4 sheet of paper about what happens next ...

**Head of Year:** What is this all about?

**Charlie:**



### Scenario 2

Alex and Jason have decided the school need to be involved so that the cyberbullying can stop. This scene is played out in the Head of Year's office. Charlie, Jason and the Head of Year are in the room. There is tension in the room and Charlie can't understand why he has been targeted as Jack's phone took the pictures and Andy was involved as well. The Head of Year has a copy of some of the pictures, but not all of them. Jason just wants the cyberbullying to stop. Pretending you are the characters, write a 5 minute conversation on an A4 sheet of paper about what happens next ...

**Head of Year:** What is this all about?

**Charlie:**



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## Worksheet 1.2: Role-play – Differentiated

In the last scene of the film, Jason and his older sister Alex are in Jason's room and Alex has just discovered what is going on.

### Scenario 1

In the last scene of the film, Jason and his older sister Alex are in Jason's room and Alex has just discovered what is going on. She asks Jason who he wants to speak to. Jason would like to ring Ben to ask him what he thinks they should do as he is somewhat involved. Pretending you are the characters, write a 5 minute conversation on an A4 sheet of paper about what happens next ...

**Alex:** who shall we talk to?

**Jason:**

- Ben could tell Jason to ...
- Tell the teachers at school
  - Report the comments online
  - Block Charlie so he can't message him again

### Scenario 2

Alex and Jason have decided the school need to be involved so that the cyberbullying can stop. This scene is played out in the Head of Year's office. Charlie, Jason and the Head of Year are in the room. There is tension in the room and Charlie can't understand why he has been targeted as Jack's phone took the pictures and Andy was involved as well. The Head of Year has a copy of some of the pictures, but not all of them. Jason just wants the cyberbullying to stop. Pretending you are the characters, write a 5 minute conversation on an A4 sheet of paper about what happens next ...


**Head of Year:** What is this all about?

**Charlie:**

- The head could decide to ...
- Put Charlie on report
  - Exclude Charlie from the school
  - Contact parents
  - Run an assembly for the school about the issue



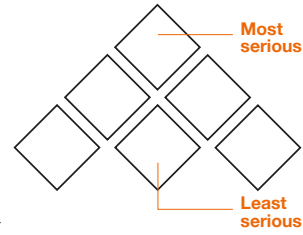
# Worksheet 1.3: Triangle Six



**Scenario 1**


Nadiya fell over in the canteen and spilt her lunch all down herself. A group of girls in her year group took a photo and posted it online, laughing at how clumsy she was. This picture is then shared and reposted by almost everyone in her school. Everyone is joining in by posting comments like 'haha she's so stupid' and 'what an idiot.' The picture now has over 150 likes.

**How to use:** First cut out the individual squares. You will then place these in the shape of an arrow with the most serious point at the top and the least serious at the bottom




**Scenario 2**

There are a group of boys in Sam's year who are always picking on others. Recently he saw them teasing the new boy and he told them to stop and mentioned it to his form tutor. Since then he has noticed posts on social media which he thinks are about him. The posts include; a picture of grass with the words 'No one likes a grass', a status saying 's\$%^ is an idiot' and 'first seat, 2nd row back you better watch out!' Sam knows these are about him but his friends have told him to ignore them as they probably aren't.



**Scenario 3**

Shaira receives a message from an unknown number saying she is horrible and no one likes her. She ignores the messages but they start to turn nastier and say things like 'I'm going to get you' and 'I know where you live.' She has also started getting silent phone calls in the middle of the night. She has begun to get scared but isn't sure of what to do because she doesn't know who is calling her or making these comments.



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### Scenario 4

Mark isn't as tall or as athletic as many other boys in his year group. He gets teased quite a bit and gets called 'shrimp' a lot. He laughs it off and it doesn't really bother him that much.

Recently though, people in his year group have started to call him 'gay' and to spread rumours behind his back. People post memes and images online insinuating that he has a boyfriend. Mark is annoyed by this but he doesn't know what to do.

### Scenario 5

James enjoys playing video games and often plays online with other players. Recently he has been playing against one player who kills his character off as soon as he begins the game. They are also messaging him saying things like 'haha loser' and 'you're not very good at this are you?!' James has tried to block the player but they keep reappearing under a new username.

### Scenario 6

Shaniqua really likes speaking to her friends on Whatsapp as it is free and you can share photos and videos. Recently though, she has had a fight with her best friend, Shania, who is the admin of the group she was in. Shania has since blocked her from the group and now Shaniqua feels left out and hurt.

#### Things for them to consider:

- Does the amount of people who see, like or comment a post affect how serious the cyberbullying incident is?
- Is it more serious to be cyberbullied by someone who knows you, or by someone anonymously?
- Has anything broken the law? See teacher's guidance about laws online on page 15

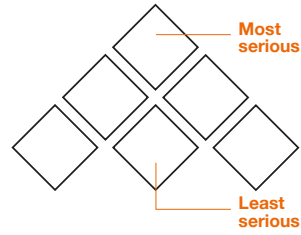


Worksheet 1.4:  
**Triangle 3 – Differentiated**

**Scenario 1**

Nadiya fell over in the canteen and spilt her lunch all down herself. A group of girls in her year group took a photo and posted it online laughing at how clumsy she was. This picture is then shared and reposted by almost everyone in her school. Everyone is joining in by posting comments like 'haha she's so stupid' and 'what an idiot.' The picture now has over 150 likes.

**How to use:** First cut out the individual squares. You will then place these in the shape of an arrow with the most serious point at the top and the least serious at the bottom



**Scenario 2**

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**Scenario 3**

Shaniqua really likes speaking to her friends on Whatsapp as it is free and you can share photos and videos. Recently though, she has had a fight with her best friend, Shania, who is the admin of the group she was in. Shania has since blocked her from the group and now Shaniqua feels left out and hurt.

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Worksheet 1.5:  
**Moral compass**

**CYBERBULLYING**



**JUST A JOKE**

## “Gone too far” Cyberbullying

Intended learning outcomes	I'm still not sure	I'm nearly there	I've got it
I can define cyberbullying and recognise examples of it			
I can identify which actions cross the line between 'banter' and cyberbullying			
I can find help and know who to speak to if I'm worried about something online			
I can give advice about how to prevent or stop cyberbullying			
I can understand how using the term 'gay' can be offensive to others and the consequences to it			

### Exit slip

**3** Things I have learned today ...

**2** Things I already knew ...

**1** Question I still have ...

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**3** Things I have learned today ...

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**1** Question I still have ...



## Worksheet 1.6: Exit slip



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